## LUNCH & DINNER MENU

	ALLERGENS								
FOOD ITEMS	DAIRY	GLUTEN	SOY	EGG	NUTS	SHELLFISH			
ORGANIC MIXED FIELD GREENS		Х							
RANCH DRESSING	Х								
BALSAMIC VINAIGRETTE									
LOW FAT ITALIAN	VARIES BY CITY - PLEASE ASK YOUR ACCOUNT MANAGER								
ORGANIC SPINACH & KALE SALAD	Χ								
ROASTED RED BEET SALAD									
ORZO & BAY SHRIMP SALAD		Х				Х			
MEDITERRANEAN COUSCOUS & CHICKPEA SALAD		Х							
CREAMY GARLIC MASHED POTATOES	Χ								
ROAST BROCCOLI FLORETS									
BAKED ZITI PASTA	Χ	Х							
CREAM CORN & CHEDDAR CHEESE CASSEROLE	Х	Х		Х					
HONEY & SESAME CHICKEN		Х	Х						
WHOLE ROASTED PORK LOIN	Х	Х							

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	ALLERGENS								
FOOD ITEMS	DAIRY	GLUTEN	SOY	EGG	NUTS	SHELLFISH			
OVEN BAKED ATLANTIC COD FILET									
BRAISED BEEF SHORT RIBS		X							
SEASONAL CUT FRUIT									
LEMON POUND CAKE & STRAWBERRIES	χ	Х		Χ	Х				
VANILLA BEAN MOUSSE & RASBERRY SAUCE	Х								
RED VELVET & CHOCOLATE CHIP BROWNIE	X	Х		X	Х				
CARAMEL APPLE BREAD PUDDING	X	X		X	Х				
UPSELLS									
SHRIMP COCKTAIL						Х			
SPINACH & ARTICHOKE DIP	X								

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